

Summer 2026 Camps, Intensives & Workshops



Story Dance Camps (ages 4-12)

Our 4-day themed dance camps bring well known stories to life through movement and creativity! Students will expand their dance education with enriching activities focused on vocabulary, anatomy, and music. Each day includes an engaging mix of dance instruction, interactive games, creative crafts, story time, and a short movie experience. Junior campers will also be introduced to tap, adding an exciting rhythmic element to their training.

Dates/Schedule

Beauty and The Beast: June 10-13

- **10:30-12:00** – Minis (4-6 years old). New students and 2025/2026 Creative Movement 1, 2, 3
- **11:00-1:00** – Juniors (7-12 years old). New students and 2025/2026 Creative Movement 4 & Ballet and Tap 1 + 2

The Little Mermaid: July 20-23

- **10:30-12:00** – Minis (4-6 years old). New students and 2025/2026 Creative Movement 1, 2, 3
- **11:00-1:00** – Juniors (7-12 years old). New students and 2025/2026 Creative Movement 4 & Ballet and Tap 1 + 2



In-Studio Intensives (Ballet 4-7)

Summer is where growth happens. Stay strong and keep progressing this summer with our first ever In-Studio Intensive. Dancers will have the opportunity to push their training in a supportive environment while working with trusted MDS instructors as well as exciting guest teachers who bring fresh styles and insight. It's the perfect opportunity to stay consistent, improve your technique, and continue to grow in the off season. Classes run Monday-Thursday each week. Dancers can add Tap and Hip Hop workshops for a special discounted price. See next page.

Dates

Intensive 1: June 15 - June 25 (2 weeks)

Intensive 2: August 24-27 (1 week)

Sample Schedules

Level 4-5

- 10:00-10:45 – Music Theory, Dance History, Anatomy, Vocabulary, Etc.
- 11:00-12:30 – Ballet Technique
- 12:30-1:00 – Lunch
- 1:00-1:45 – Pre Pointe
- 2:00-3:00 – Jazz, Contemporary, Specialty Focus (e.g. Turns, Allegro, Mime, etc.)
- 3:15-4:15 – Stretching/Conditioning/Yoga

Level 6-7

- 9:00-11:00 – Ballet Technique
- 11:15-12:15 – Music Theory, Dance History, Anatomy, Vocabulary, Etc.
- 12:30-1:00 – Lunch
- 1:00-1:45 – Variations, Pas De Deux, Specialty Focus (e.g. Turning, Allegro, etc.)
- 2:00-3:00 – Jazz, Modern, Contemporary, Mime
- 3:15-4:15 – Stretching/Conditioning/Yoga



Petite Intensives (Ballet 3)

Designed for our Level 3 ballet students, this program is the perfect way to continue your training over the summer. With more flexible schedules, dancers can take advantage of focused classes and increased time in the studio. Classes run Monday-Wednesday and will include ballet technique, vocabulary development, and the study of classical ballet through viewing historical and traditional repertoire. **See schedule on next page →**

Dates/Schedule

Mini Intensive 1: June 15, 16, 17, 22, 23, 24

- 3:15-4:45

Mini Intensive 2: August 24, 25, 26

- 3:15-4:45



Youth Tap and Hip Hop Workshops

Get ready to level up this summer with our high-energy Tap and Hip Hop workshops! Designed for dancers who strive to improve in the off season, these fast-paced, choreography-driven classes will challenge your musicality, precision, and performance quality. Each session dives straight into dynamic combos that push you to pick up movement quickly while building confidence and style. Don't miss your chance to train hard, dance harder, and leave every class feeling stronger and inspired! New Hip Hop students (9yo+) are welcome and

encouraged to take the Hip Hop 1-2 class. Intensive students may add these workshops at a special discounted pricing.

Dates/Schedule

Workshop 1: June 19

- 10:00-11:30 – Tap 5
- 11:45-1:15 – Tap 6

Workshop 2: June 26

- 10:00-11:45 – Hip Hop 1-2 + NEW students 9yo+
- 12:00-1:30 – Hip hop 3
- 1:45-3:15 – Hip Hop 4-5

Workshop 3: August 28

- 10:00-11:45 – Hip Hop 1-2 + NEW students 9yo+
- 12:00-1:30 – Hip hop 3
- 1:45-3:15 – Hip Hop 4-5

Adult Classes

During the summer we're offering the classes you know and love; Tap, Hip Hop, and Ballet, with the exciting addition of a much-requested Jazz class. Tap, Ballet, and Hip Hop will be offered as open division, bringing dancers of all levels together in a supportive, tiered learning environment where everyone can grow and be challenged. Our new Jazz class brings a fun, upbeat atmosphere while introducing dancers to classical jazz technique. Prior ballet training is encouraged, but all are welcome to join and enjoy the experience.

Dates/Schedule

Session 1: June 15 - 25 (2 weeks)

- Monday 6:00-7:30 – Adult Beginning Jazz
- Tuesday 6:00-7:30 – Open Division Adult Ballet
- Wednesday 6:00-7:30 – Open Division Adult Hip Hop
- Thursday 6:00-7:30 – Open Division Adult Tap

Session 2: August 24 - 27 (1 week)

- Monday 6:00-7:30 – Adult Beginning Jazz
- Tuesday 6:00-7:30 – Open Division Adult Ballet
- Wednesday 6:00-7:30 – Open Division Adult Hip Hop
- Thursday 6:00-7:30 – Open Division Adult Tap